Now it’s your turn.

1) Take a piece of paper (write your name at the top. OK?)

2) Fold it in half.

3) On the left side of the paper write the following, each number taking a complete line:

   1
   
   1
   
   2
   
   3
   
   5
   
   8

4) Then, think of something that inspires you.

5) Write words with that number of syllables on the other side of the paper.

6) Eureka! You have a poem! You’ve done your first FIB!

7) Repeat as you get more inspired.