<table>
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<th><strong>Kenya - The Basics</strong></th>
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<td><strong>Bordered By</strong></td>
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<td><strong>Capital City</strong></td>
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About the Land and Climate

**LAND**
- Grasslands called savannas
- Mountains
- Lakes

**CLIMATE**
- Always very hot because the equator runs through it
- Two Wet Seasons where it rains for several hours a day: April-June and October-November
- Dry the rest of the year
The Kenyan Flag

- The shield and spears represent a willingness to fight for freedom
- Black stands for the Kenyan people
- Green stands for agriculture
- Red represents the blood that was shed for freedom
- White stands for peace
Food in Kenya

**Ugali** - dough made from ground corn and eaten with veggies and beans.

**Githeri** - corn and beans cooked together

**Sukuma Wiki** - collard greens, a popular side dish
Games and Sports in Kenya

**Soccer** - The most popular sport in Kenya. It can be played in fields or on the beach.

**Running** - Kenya has some of the best long distance runners in the world.

**Cricket** - Similar to baseball and played with a bat. Popular only in the cities.
Things to Do and See in Kenya

Explore Fort Jesus - Built by the Portuguese in 1593-1596 to protect the port of Mombasa.

Go On Safari - There are many ways to view animals on wildlife preserves. You can walk, ride on camelback, or go in a helicopter. Go elephant watching or watch the wildebeest migration.

Visit Ol Pejeta Chimpanzee Sanctuary - This ranch works with the Jane Goodall Institute. It is a safe haven for chimps found as part of the bush meat and pet trade in Central Africa.
Where I Found My Information

CultureGrams

www.magicalkenya.com